

The Resilient Lifestyle **EXPERT & SPEAKER**

Steven Garner, CEO, NEXCUE

Conquer your personal
and workplace drama!



513.817.4850 | [NEXCUES.COM](https://www.nexcues.com)

NEXCUE is Steven's solution to overcoming personal and professional drama

Since living life is like a dysfunctional drama, Steven uses the theater house as a metaphor to teach his resilience-building method called NEXCUE. It is a creative, practical, and systematic way to produce what he calls, a resilient mindset playbook.



Steven's electric communication style, authentic storytelling, and positive energy keeps the audience engaged and inspired to be resilient in tough times.



Steven's approach to helping executives build a resilient lifestyle is educational, practical and creative.

There are three key benefits you will receive by applying the NEXCUE method:

- Resilient lifestyle principles
- Resilient mindset formula
- Resilience empowerment routine

From the rough side of town to a resilient life-story

As a youth, Steven had to overcome what he calls the dysfunction of life, or drama. He experienced abuse, trauma, the effects of multi-generational poverty, fatherlessness, and the negative impact of living in a crime-infested neighborhood. During those formative years, he used his creative imagination to develop the problem-solving skills and resilience to grow through the drama of his childhood.



Your life is a theater for producing an exciting, powerful, and resilient story.

– Steven Garner, *The Resilient Life Expert & Speaker*

4 NEXCUE Signature Resilience-Building Topics

1 How to recover after your worst professional failure

Learn how to conquer your self-doubt, boost your confidence, and be productive after experiencing failure in your professional life or business.

2 The five most powerful people you need to elevate your level of resilience

Discover how to select the right people and avoid the wrong ones when building a team to support your resilient lifestyle.

3 Why you need a tailor-made resilience routine for your hectic life

Get practical wisdom to create a resilience-building routine to reduce stress, rejuvenate your mind and body, and protect your well-being.

4 How to transform your mindset to thrive in a toxic culture

Learn how to use your imagination and communication to be positive and productive in a toxic workplace or prison environment.

Learn how to build a resilience empowerment routine



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Steven Garner/ Nexcue is an engaging and captivating speaker . His passion and empathy are palpable. His audience immediately trusts him. Steven's gift is his skillful engagement of his audience, sharing his compelling life experiences to lift their fears of going deep inside themselves to achieve self acceptance and create positive outcomes from the adversities of life. Steven always leaves you with a challenge and a path to find your passion and purpose. I have utilized Steven in our Fortune 500 company's weekly/ hourly Tuesday virtual TEAMS presentation series 7 times over the last 2 years. He is one of our highest ranked speakers and has been instrumental in growing our audience to a 150-300 associates per week. I consider him a trusted friend and advisor. I highly recommend Steven Garner/ Nexcue. He will continue to be a vital part of our organization's wellness and leadership programs.

– LDP. Wellness Program Coordinator



"I help executives produce a resilient mindset playbook to conquer personal and workplace drama."

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About Steven



Steven is a resilient lifestyle expert, marketing director, and dynamic speaker. As a youth, he had to overcome what he calls the dysfunction of life, or drama. He experienced abuse, trauma, the effects of multi-generational poverty, fatherlessness, and the negative impact of living in a crime-infested neighborhood. During those formative years, he used his creative imagination to develop the problem-solving skills and resilience to grow through the drama of his childhood.

Professionally, Steven's solutions-oriented mindset led him to become a director of marketing for DeanHouston Inc. During his tenure at DeanHouston, he has helped grow the business into one of the largest, award-winning, global advertising agencies in his city.

The hallmark of Steven's career is his adeptness in employing his creative imagination, resilient living methodology, and problem-solving skills to produce positive results. He has generated creative marketing ideas and solutions and delivered keynote messages for global companies and local organizations, including: Warner Brothers, Toyota, Sara Lee, International Paper, LSI Industries, The American Marketing Association, OPW, Dover Corporation, Kettering Hospital, The Cincinnati Insurance Companies, Penitentiaries, Jails, Schools, and various faith-based and charitable organizations.

Throughout his career, Steven has worked with many professionals who were not happy with their life, whether their professional life, or personal life, or sometimes both. They felt stuck in their dysfunctional drama. He noticed how some of the same patterns of dysfunction he experienced affected their ability to live a resilient life. He decided to do something about it. Applying his creative problem-solving skills, he created a resilience-building method called NEXCUE and became a certified John Maxwell coach and speaker.



BOOK STEVEN NOW
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